

# San Francisco Bike Map & Walking Guide

14th Edition

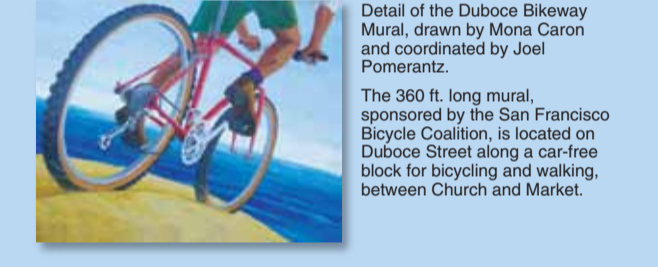
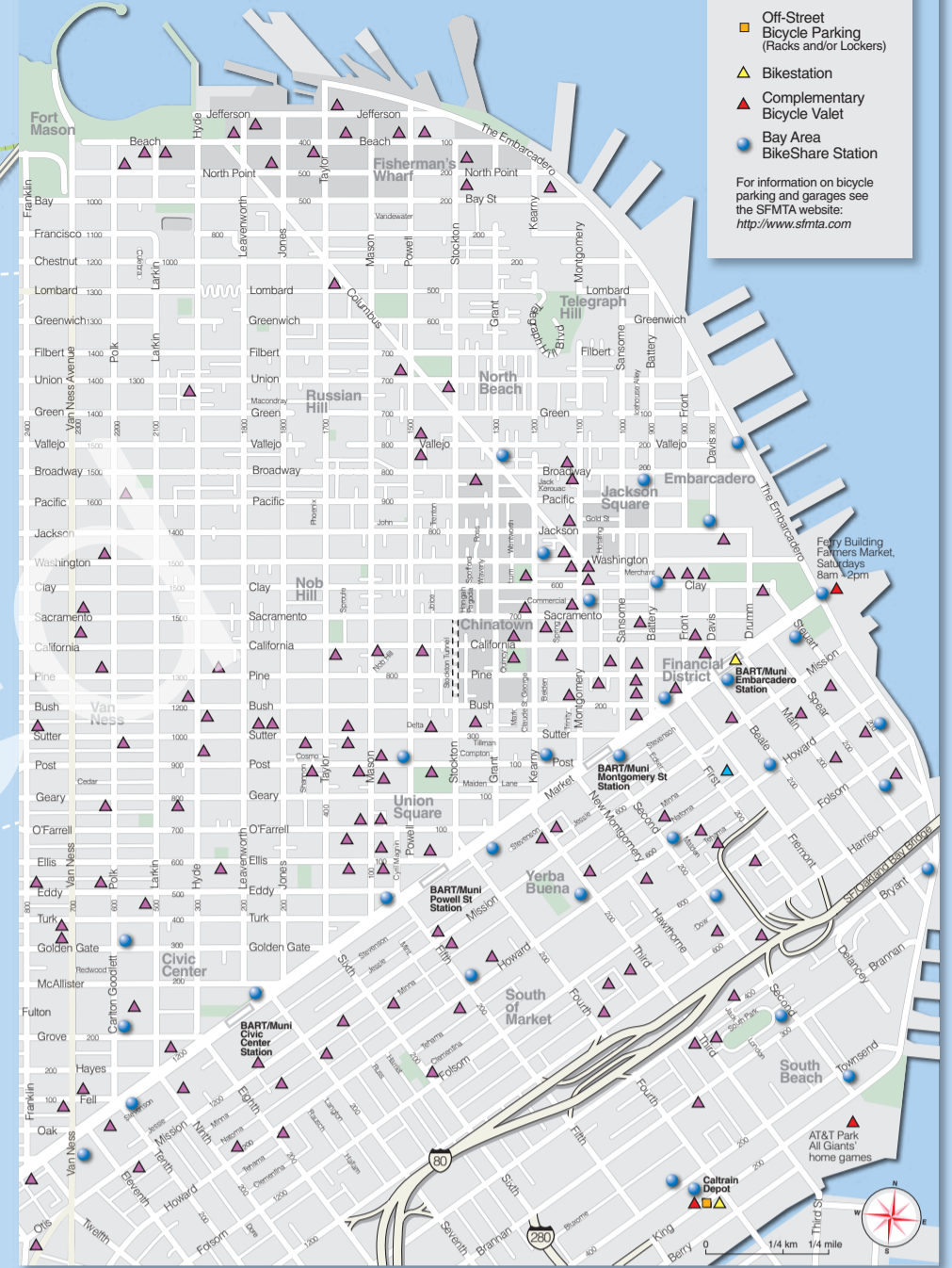
**Pacific Coast Bicycle Route** is the San Francisco portion of the Pacific Coast Bicycle Route along the Pacific Coast from Oregon to Mexico.

**Golden Gate Bridge** Bicycle access 24 hours.

**Weekdays**  
**East Side Path:** 5 am-3:30 pm (shared with pedestrians)  
**West Side Path:** 3:30 pm-9 pm (in summer) 3:30-6 pm (in winter) (bikes only)  
**Weekends/holidays:**  
**West Side Path:** 5 am-9 pm (in summer) 5 am-6 pm (in winter) (bikes only)  
 No pedestrians allowed on West Side path at any time

See reverse for detailed Presidio Map

## Downtown San Francisco Bicycle Parking & BikeShare Stations



Detail of the Duboce Bikeway Mural, drawn by Mona Caron and coordinated by Joel Pomerantz. The 360 ft. long mural, sponsored by the San Francisco Bicycle Coalition, is located on Duboce Street along a car-free block for bicycling and walking, between Church and Market.



- **Bike Path/Multi-use Trail** (dedicated off-street - usually paved - bike path)
  - **Bike Lane** (dedicated bike lane on roadway edge)
  - **Bike Route** (bikes & cars share the same - often narrow - roadway)
  - ← **Arrows indicate travel in one direction**
  - **Hiking/Walking Trails**
  - **San Francisco Bay Trail**
  - **Stairways**
- Bicycle Shops**
- San Francisco bicycle shops which sell new and/or used bicycles. Most bicycle shops provide repairs as well as spare parts.
  - San Francisco bicycle shops which also rent bicycles
  - San Francisco bicycle shops which ONLY rent bicycles
  - Bicycle Parking (Racks &/or Lockers)
- Vista Points**
- BART line and stations
  - Caltrain line and stations
  - Cable Car line
  - | Gate (most allow bicycles through)
  - Contours (20 ft intervals)

**Street Grades**  
 The grades of all San Francisco streets are color coded on this map according to their slope. The darker red the color, the steeper the slope. If an easy route is desired, avoid the red. If you desire a more challenging and varied route, the steeper terrain is clearly indicated.

- Street grade 0-5%
- Street grade 5-10%
- Street grade 10-18%
- Street grade over 18%

**How to use the San Francisco Bike Map & Walking Guide**  
 This map and guide is designed to help you choose biking, walking, and even running routes to get around in San Francisco on the least hilly terrain.

Numbered routes shown on the map are the Official San Francisco Bike Routes, and generally avoid steep hills and heavy traffic. Bike path, bike lane, and shared roadway designations (see legend) are designed to help you choose a route appropriate to your skill, familiarity with the City, and destination.

Non-numbered routes (paths, lanes and shared roadway/wide curb lanes) are popular alternatives to the Official Routes. Always use caution when bicycling anywhere in San Francisco.

**Understanding the Official San Francisco Bike Route System**

Street signs with a green bicycle icon indicate local routes

Street signs with a red bicycle icon indicate cross-town routes

Look for detour signs for alternate routes during construction.

**Numbered bike routes** are part of the Official San Francisco City Bike Route System

- Even numbers indicate east-west routes
- Odd numbers indicate north-south routes
- 3-digit numbers indicate connector routes

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